Glemsford First Responders is a voluntary organisation, which has been been active for over 13 years and attends to many emergency 999 calls for the East of England Ambulance Service in Glemsford and surrounding area, which was initially set up as we are a rural community.

No previous medical knowledge is needed for anyone wishing to join the group, as full training is provided and there is monthly training sessions to cover new procedures and a refresher for the different types of calls you may be asked to attend.

Unfortunately in recent years the number of volunteers has declined and we are therefore no longer able to provide 24/7 cover. We currently only have 2 active responders and due to work commitments, the majority of the cover currently provided in our group is evenings and weekends.

Due to the current pressures on the Ambulance Trust, waiting times for an ambulance have increased, so our help has become more vital in saving lives of patients that have suffered breathing problems, heart attacks or strokes.

We are always on the lookout for new volunteers aged between 18 and 70 with a full driving licence.

Our group has a car which can be used when you are on duty, so own transport is not required.

Anyone interested in joining our group can either contact myself on 281401 or can email <u>suffolkresponder@eastamb.nhs.uk</u> to get an information pack